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Time of War

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for our
Soldiers and Sailors



Plain
Knitted Sock.



Knitted Sleeping Helmet.

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A SECOND SERIES of Garments and Hospital Comforts now ready, price Twopence.

WELDON'S

Garments and Hospital Comforts

FOR OUR SOLDIERS AND SAILORS

WILLING hands and willing hearts are united in one effort, to ameliorate the horrors of warfare as endured by the noble fighting forces of our beloved Motherland. Our men have responded magnificently to the call made upon them, and no less magnificently will our womenfolk discharge their self-imposed task, of making and working garments, for the use of our brave fellows, in their hour of direst need.

SOLDIER'S KNITTED SLEEPING HELMET.

MATERIALS: 4 ounces of Isaac Briggs & Sons' Ex-Super Khaki Fingering Wool, 4-ply, and four No. 9 long bone needles pointed at both ends, work is done in rounds.

Cast on thirty stitches, that is, ten stitches on each of three needles for beginning of crown.

1st round—Knit 4, purl 1, and repeat to the end of the round. Work another round in the same manner, purling the same stitch that was purled in the previous round.

3rd round—Make 1, knit 4, make 1, purl 1, and repeat the same to the end of the round.

4th round—Knit 6, purl 1, and repeat. Work two more rounds the same.

7th round—Make 1, knit 6, make 1, purl 1, and repeat to the end of the round.

8th round—Knit 8, purl 1, and repeat. Work two more rounds the same.

11th round—Make 1, knit 8, make 1, purl 1, and repeat.

12th round—Knit 10, purl 1, and repeat. Work two more rounds the same.

15th round—Make 1, knit 10, make 1, purl 1, and repeat.

16th round—Knit 12, purl 1, and repeat. Work two more rounds the same.

19th round—Make 1, knit 12, make 1, purl 1, and repeat.

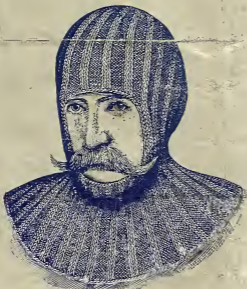
20th round—Knit 14, purl 1, and repeat.

21st round—Make 1, knit 14, purl 1, and repeat.

22nd round—Knit 15, purl 1, and repeat. Here there are thirty-two stitches on each of the three needles, affording ninety-six stitches in the round.

23rd round—Work in ribbing, 2 stitches plain and 2 stitches purl alternately to the end of the round. Continue the ribbing until the work measures 6 inches or 6½ inches from the commencement.

Next round—Cast off twenty-eight stitches, and rib to the end of the third needle. Turn the work, and rib back upon sixty-eight stitches. When eight more rows are done, you will cast on twenty-eight stitches in place of those that were cast off; and resume working in rounds; and when the entire piece is 21 inches in length, cast off loosely. Take a rug needle threaded with wool, and gather up the thirty cast-on stitches, closing them in a circle for the top of the cap.



Soldier's Knitted Sleeping Helmet.

We all realise that the sufferings and privations attendant on war may be very much mitigated by the provision of small additional comforts, such as those illustrated and described in these pages. Helpers are wanted everywhere for making shirts, nightingales, socks, etc., for the Sailors, Soldiers, and Territorials, and ladies anxious to be of use cannot do better service than organise working parties for this purpose. In this way everyone, from the highest to the lowest, from the eldest to the youngest, may lend a helping hand, and have the satisfaction of at least contributing her little mite towards the country's weal.

USEFUL PLAIN KNITTED SOCK.

THIS design is for an 11-inch foot, but it can easily be decreased or increased in length as suggested at end of description. Materials: 4 ounces of Isaac Briggs & Sons' Ex-Super Khaki Fingering Wool, 4-ply, and 1 four steel knitting needles No. 12.

Use the wool double to cast on seventy stitches, arrange these to knit in rounds.

1st round—* 1 plain, 1 purl; repeat from * thirty-four times. Repeat this round fifty-five times. This gives a long welt, which clings well. After this the sock is knitted plain throughout, except the seam stitch at the back, which is always purled.



A Useful Plain Knit Sock.

57th round—Knit 10, make 1 by picking up the wool lying beneath the last knitted stitch and knitting it, knit 20, make 1 as described, knit 20, make 1, knit 10, make 1, knit 9, purl 1. This increases the stitches to seventy-four.

58th round—Knit 73, purl 1. Repeat this round sixty-eight times. This brings the sock to the heel.

For the Heel.—Pass nineteen stitches on to the back needle each side of the seam stitch.

1st row—Slip 1, knit 18, purl 1, knit 19.

2nd row—Slip 1, purl 18, knit 1, purl 19. Repeat these two rows fourteen times.

To Close the Heel.—Slip 1, knit 18, purl 1, knit 4, slip 1, knit 1, pass the slipped stitch over the knitted one, turn, slip, 1, purl 4, knit 1, purl 4, purl 2 together, turn; continue to knit in this way until the stitches are all on one needle. There will be eleven stitches left. Pick up fifteen stitches from the left side of the heel. Knit across the front needle. Pick up fifteen stitches from the right side of the heel. Pass six

of the heel stitches on to one side needle, and five on other side needle.

For the Foot.—**1st round**—Plain, commencing at the centre of the sole.

2nd round—Knit plain till there are only four stitches on the first needle, take 2 together, knit 2; front needle plain; side needle, knit 2, slip 1, knit 1, pass the slipped stitch over, knit plain to the end of the round. Repeat these two rounds until the stitches are reduced to sixty-two. Now knit without decreasing till the foot measures 9 inches.

If a 10-inch foot hose be required, then knit without decreasing till your knitting measures 8 inches only, or if a 12-inch length foot be required, then knit till your work measures 10 inches, as when you add the toe part this gives an additional 2 inches to the length.

For the Toe.—Arrange the stitches in this way: thirty-one on the front needle, fifteen on one side needle, and sixteen on the other side needle.

1st round—Knit 11, take 2 together, knit 2; front needle, knit 2, slip 1, knit 1, pass the slipped stitch over, knit 23, take 2 together, knit 2; side needle, knit 2, slip 1, knit 1, pass the slipped stitch over, knit 12.

2nd round—Without decreasing. Repeat these two rounds till the stitches are reduced to eighteen. Pass these on to a piece of wool and sew neatly on the wrong side.



MAN'S ABDOMINAL BELT.

Abbreviations: k, knit; p, purl.

MATERIALS: 2½ ounces of Isaac Briggs & Sons' Ex-Super Khaki Fingering Wool, 4-ply, four steel needles No. 10, and four No. 14.

With No. 14 needles cast on 150 stitches very loosely. Use the wool double to cast on the stitches; join round, then work with single wool.

1st round—* K. 1, p. 1; repeat from * all round. Repeat this round twenty-nine times.

31st round—* K. 3, p. 3; repeat from * twenty-four times. Repeat this round twice.

34th round—* P. 3, k. 3; repeat from * twenty-four times. Repeat this round twice.

37th round—* K. 3, p. 3; repeat from * twenty-four times. Repeat this round twice.

Now with the No. 10 needles, knit fortieth round plain. Repeat this round forty-nine times. Take the No. 14 needles again, and repeat from the beginning of the thirty-first round to the end of the thirty-ninth round.

Next 30 rounds—Same as first round.

Use double wool to cast off very loosely. When finished the belt will measure at the ends 10 inches across, at the centre 14 inches across. This size will stretch to fit a full-size figure.



USEFUL KNITTED PILLOW.

MATERIALS: 5 ounces of Fandel's Home-spun wool, natural colour, and two long bone needles No. 7, vegetable down, 1½ ounces.

Cast on 120 stitches. Knit plain 11 inches, cast off. Fold over longest bit, fill with down, crochet sides together, add crochet edge in regimental colours. Pillow finished, measure 15 inches by 11 inches; weight, 6½ ounces.

KNITTED SLEEPING CAP.

Abbreviations: k., knit; p., purl; tog., together.

MATERIALS required: 3 ounces of Isaac Briggs & Sons' Ex-Super Khaki Fingering Wool, 6-ply; four bone knitting needles No. 6, with points at each end, one bone crochet hook No. 8.

This cap is a comfortable pattern for our soldiers, and is quickly worked. Use the wool double to cast on eighty-one stitches. Arrange these to knit round, then work with single wool.

1st round—* Make 1 by putting wool round needle, slip 1 purlwise, k. 2 tog.; repeat from * twenty-six times.

2nd round—Slip the first two stitches (which are crossed) on to the right-hand needle without knitting them, then knit as in the first round. At the end of this round there will be one stitch, make 1, slip this stitch and take the two stitches together which were slipped when beginning this round. This single stitch must be worked this way always.

Repeat the second round until the work measures $10\frac{1}{2}$ inches.

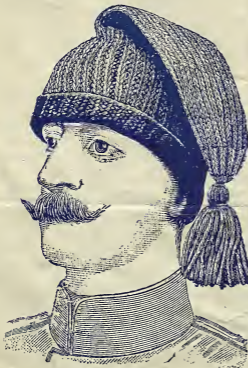
Now * k. 4, p. 1; repeat from * ten times, taking the two crossed stitches together as one stitch in this round.

Knit $3\frac{1}{2}$ inches of rib as last round.

Next round—* K. 1, k. 2 tog., k. 1, p. 1; repeat from * ten times.

Next round—* K. 3, p. 1; repeat from * ten times. Repeat this round four times.

Next round—Decrease again, thus: * k. 1, k. 2 tog., p. 1; repeat from * ten times.



Knitted Sleeping Cap.

Next round—* K. 2, p. 1; repeat from * all round. Repeat this round twice. Now * k. 2 tog., p. 1; repeat from * ten times.

Next round—* K. 1, p. 1; repeat from * all round. Repeat this round twice.

Next round—K. 2 tog. all round.

Knit two rounds plain, cast off. The stitches are reduced to eleven. Make a tassel of the wool, and sew it into the slight opening at the top. With the crochet hook, a round of double crochet may be worked at the lower part of the cap to strengthen the edge.

**NECK SCARF.**

(Fancy Brioché.)

MATERIALS: 6 ounces of A A Peacock Fleecy Wool, fawn colour, and a pair of No. 8 bone knitting needles. You may cast on any number of stitches divisible by three; thirty-nine stitches will make a scarf of a reasonable width.



Knitted Scarf for the Neck.

1st row—Place the needle under the wool, slip the first stitch inserting the needle as if about to purl it, make one by passing the wool over the needle, and knit 2 stitches together, * bring the wool under the needle, slip 1 purlwise, make 1 by passing the wool over the needle, and knit 2 together; repeat from * to the end of the row. Knit five more rows in the same manner.

7th row—Place the needle under the wool, and keeping the wool always now in front of the work, * slip 1 inserting the needle in the stitch as if about to knit it, make 1 by passing the wool over and then under the needle, purl 2 together; and repeat from * to the end. Knit five more rows the same as this row. These twelve rows constitute the pattern; the work is alike on both sides. Knit loosely throughout. The scarf should be made about 1 yard long. Cast off loosely. Finish the scarf with a fringe composed of strands of wool cut 9 inches in length, place three strands together, fold them double, and loop and knot a bunch into every alternate stitch along each end of the scarf.

WELDON'S PRACTICAL NEEDLEWORK No. 7 also gives full directions and illustrations of this and various fringes.

EASY-TO-KNIT KNEECAp.

REQUIRED: 4 ounces of 4-ply Scotch fingering, and a pair of No. 13 long steel knitting needles.

Cast on 74 stitches.

1st row—Slip 1, knit 1, and then purl 2 and knit 2 in ribbing to the end.

2nd row—Slip 1, purl 1, and knit 2 and purl 2 alternately to the end. Continue thus in ribbing until forty rows are done. Then knit one row; purl two rows; knit one row.

45th row—Beginning on the side by the tag end of wool proceed to shape the kneecap. Slip 1, knit 40; turn the work, slip the first stitch, knit 7; turn the work, slip 1, knit 10; turn, slip 1, knit 13; turn, slip 1, knit 16; turn, slip 1, knit 19; turn, slip 1, knit 22; turn, slip 1, knit 25; and so on, knitting 3 *more* stitches every time of turning till you come to slip 1, knit 61; then turn, slip the first stitch and knit all the rest of the stitches to the end of the left-hand needle. Work for the middle of the kneecap twenty-nine plain rows on all the seventy-four stitches.

Next row—Beginning on the side by the tag end of wool, slip 1, knit 61; turn the work, slip 1, knit 58; turn the work, slip 1, knit 55; turn, slip 1, knit 52; turn, slip 1, knit 49; and so on, knitting three stitches *less* each time of turning, till you come to slip 1, knit 7; then turn, slip the first stitch, knit the seven stitches, and knit on to the end of the needle. Then knit one row of 74 stitches; purl two rows; knit one row. Then do forty rows of ribbing as at the beginning, and cast off loosely. Sew the edges of the knitting together; the join fits under the knee. Make the other kneecap in the same manner. These kneecaps are an excellent shape and will cling closely without gartering or tying.

**WARM USEFUL MITTENS.**

(Knitted on two needles.)

MATERIALS: 2 ounces of Isaac Briggs & Sons' Ex-Super Khaki Fingering Wool, 4-ply, and a pair of No. 12 steel knitting needles. Cast on 48 stitches to knit the lengthways of the mitten.

1st row—Knit plain. **2nd row**—Knit 3, purl 15, knit 30. **3rd row**—Plain. **4th row**—Plain. **5th row**—Knit 30, purl 15, knit 3.

6th row—Plain. The plain part of the knitting is the top of the mitten, and the ribbing comes at the wrist; the first stitch of every row should be slipped to produce a smooth edge. Repeat from the first row to the sixth row till seventy-two rows are done, and then knit from the first row to the fifth row, making in all seventy-seven rows.

78th row—Beginning at the wrist end—Cast off twenty stitches, knit 27.

79th row—Beginning at the knuckle end—Cast off eight stitches, knit 19.

**WARM AND USEFUL MITTENS.**

80th row—Knit 2 together, knit 18, cast on five for the thumb.

81st row—Knit plain 24 stitches.

82nd row—Knit 2 together, knit plain to the end.

83rd row—Plain.

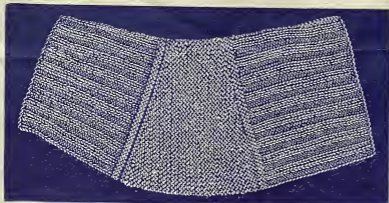
84th row—Knit 2 together, knit plain to the end.

85th row—Plain, and knit 2 together at the end.

86th row—Knit 2 together, knit plain to the end.

87th row—Plain. Repeat the last four rows five times; and you will find the stitches are reduced to five plain stitches only. Cast these five stitches off.

Sew up the five cast-off to the five cast-on stitches for the thumb; sew up the hand and the wrist. Work three rows of feather stitching down the back of the hand in the same colour, or this may be omitted. Knit the other mitten.



in the same manner, but, when folding the work preparatory to sewing it up, be careful to fold it the reverse way to the first mitten, that they may fit respectively the right and the left hand; the seam lies in the palm of the hand by the side of the thumb.



KNITTED PROTECTOR FOR CHEST AND BACK.

Abbreviations: k, knit; m, make; p, purl; s., slip; tog., together.

THIS garment is a warm cover for the chest, neck, and back. Double wool is used for greater warmth.

Materials: 6 ounces of Isaac Briggs & Sons' Ex-Super Khaki Fingering Wool, 6-ply, and bone-needles No. 10, four steel knitting needles No. 10. The steel needles are used for the neck and side straps. The garment when finished measures 14 inches from lower part of the neck to the waist, back and front, 15 inches across the chest and back at the widest part. The shoulder measures 5 inches. The garment slips over the head easily. The neck is very elastic, and fits well to the figure. Two straps are attached to the back part at the waist. These fasten to the front part with buttons and



Knitted Protectors for Chest and Back.

buttonholes. With double wool cast on thirty stitches.

1st row—K. 2, * m. 1 by putting the wools over the needle, s. 1 as if to purl, k. 1; repeat from * twelve times, k. 2.

2nd row—K. 2, * m. 1, s. 1, k. 2 tog. (these two stitches are crossed over each other); repeat from * twelve times, k. 2. Repeat the second row twenty times. These rows will count as ten when knitted; two rows are required to complete one row in this pattern.

20rd row—K. 2, increase 1 by picking up the wool lying beneath the last knitted stitch and knitting it, knit across the row according to pattern till the two marginal stitches are reached, increase 1 stitch as described, and k. 2 plain.

24th row—K. 3, increase 1, knit in pattern till only three stitches remain, increase 1, k. 3 plain.

25th row—K. 2, m. 1, s. 1, k. 1, knit across in pattern till four stitches remain, m. 1, s. 1, k. 1,

k. 2 plain. In this row two extra patterns are added, one each side. Knit twenty rows according to pattern, always knitting the two first and two last stitches plain. Now repeat 23rd, 24th, and 25th rows. This increases the work by two patterns. Knit thirty rows without increasing, then repeat 23rd, 24th, and 25th rows. This completes the increasing. There are now nineteen patterns in a row. Knit thirty-six rows in pattern. This brings the work to the neck. The right shoulder must now be knitted.

1st row—K. 2, * m. 1, s. 1, k. 2 tog.; repeat from * five times, turn the work to knit back.

2nd row—* M. 1, s. 1, k. 2 tog.; repeat from * five times, k. 2 plain. Repeat these two rows eleven times. Break the wools here, pass the stitches on to a piece of wool, leaving six patterns and the two edge stitches for the left shoulder. Knit this shoulder in the same way as the right one. Between the two shoulder-pieces, cast on 14 stitches. The back is commenced here.

For the Back—**1st row**—K. 2, * m. 1, s. 1, k. 2 tog.; repeat from * five times, ** m. 1, s. 1, k. 1; repeat from ** six times, † m. 1, s. 1, k. 2 tog.; repeat from † five times, k. 2.

2nd row—k. 2, * m. 1, s. 1, k. 2 tog.; repeat from * eighteen times, k. 2.

Repeat the second row thirty-five times. Then decrease one pattern each side, close to the edge stitches, knit thirty rows, then decrease one pattern each side in the same way. Knit twenty-rows, then decrease one pattern each side. Knit twenty-eight rows and cast off.

For Side Straps—Use double wool and steel needles, pick up eight stitches at the lower edge of the back part, knit 103 rows plain, always slipping the first stitch.

104th row—S. 1, k. 1, cast off four stitches, k. 2.

105th row—S. 1, k. 1, cast on four stitches, k. 2 plain. K. 5 rows plain and cast off. Work the other strap in the same way. Sew pearl buttons on to the front part to correspond with the button-holes left in the straps. If desired the turn-over collar can be omitted.

For the Neck—Use the four steel needles. Take the twenty-one stitches at the front part and pick up sixty-six new stitches all round. Arrange these eighty-seven stitches on three needles to knit in rounds. There will be twenty-nine patterns altogether.

1st round—* M. 1, s. 1, k. 2 tog.; repeat from * twenty-eight times.

2nd round—* M. 1, s. 1, purl together the two stitches crossed over each other. Repeat from * twenty-eight times. Repeat these two rounds ten times. Divide the work in the centre of the front and knit sixteen rows, same as the first round. Use the four needles still, but knit in rows, not rounds. This forms an opening in the collar in front. It must be folded down all round when the collar is finished.



BANDAGES ARE WANTED.

Use cheap soft, and loosely woven unbleached calico for bandages.

Cut strips 6 yards in length by 24, 31, 41, and 61 inches wide. Each bandage should be left with raw edges and unwashed, and firmly rolled, fastened with a strong safety pin, and the size marked in marking ink on the outside end of each roll.

The nearest Red Cross Society will be thankful to receive these useful gifts, as also will the Naval or Military Hospitals.



□ □ □ □ □
**A
 Most
 Useful
 Sleeping
 Cap.**
 □ □ □ □ □

CRIMEAN FOLDED NIGHT CAP.



Diagram 1.—Fold material in half, then fold back one side half-way.



Diagram 2.—Turn over the material and fold down the corners to meet in centre.



Diagram 3.—Roll up lower edge twice or three times as this band forms the neck.



Fold in half to bring ends together.

Paper pattern folded, with flat pattern, 6½d. post free.

FOR those who cannot knit or crochet, we give the design of a simply made sleeping cap for our soldiers; this cap being a reproduction of the sleeping cap arranged by those brave men who served in the Crimean War. Required: a square of white, grey, or red flannel measuring 32 inches, 34 inches, or 36 inches, and when cap is folded secure at back of neck when rolled up with a safety-pin, and put a pin each side of neck at front. Hem the cut edges, place on table with selvedge top and bottom, and fold material in half, then fold back one side half-way, as diagram 1.

Turn flannel over, still keeping the hemmed edge on left and right, when fold the right- and left-hand corners down to meet in centre, as diagram 2: Now fold up the lower edge twice or three times, as this makes the band round neck, the ends of which tie in front. The fold of the flannel comes round the face, and the triangular folds come at the back. If one cap be made up and sent out with a quantity of flannel squares, the nurses would quickly fold them into shape themselves; or even sent ready folded for use they would take up little space. These caps could be made of a square of cambric or soft calico.

USEFUL KNITTED AND CROCHET GARMENTS IN WELDON'S PRACTICAL NEEDLEWORK BOOKS.

Price Twopence each, by post, 3d., with full working directions.

USEFUL ARTICLES FOR SOLDIERS AND SAILORS.

- No. 341 Cardigan, easy to make.
 " 326 Knitted Aero Cap, Knitted Bedsock (9½ in. foot).
 " 301 Man's Plain Knitted Sock, very good shape.
 " 279 Warm Knitted Waistcoats, Gloves without finger-tips.
 " 276 Crochet Waistcoats, Kneecap in double crochet.
 " 246 Sleeping Sock in ridged knitting.
 " 214 Plain Crochet Waistcoats.
 " 165 Jersey with low neck and short sleeves; also suitable for undervest to pull over head.

FOR THE CHILDREN OF SOLDIERS AND SAILORS.

- " 338 Long-Sleeved Vest, 1 to 2 year size.
 " 335 Knitted Combinations for 1½ to 2 years.
 " 326 Jersey Suit, 1 to 2 years; Knitted Coat, 1 to 2 years.
 " 325 Crochet Coat, Muff and Bonnet, 2 to 4 years.
 " 322 Baby's Coat and Hood combined, in crochet.
 " 317 Knitted Magyar Coat and Hood.
 " 313 Plain Knitted Boots.
 " 310 Plain Knitted Jacket and Gloves for baby.
 " 293 Knitted Vest with short sleeves, 1 year size.

NET D'OYLEYS TO PROTECT FOOD AND LIQUIDS AGAINST FLIES.

Abbreviations: ch., chain; d.c., double crochet.

MILK, sugar, medicine, water, butter, and so forth, should never be left uncovered, and if net d'oyleys are used the food can be protected from the germ-distributing attentions of flies, wasps, and other insects. These d'oyleys of washing net or muslin are bordered with crochet, in which beads are introduced—to weight the d'oyley and prevent it slipping off. The net for d'oyleys when made should measure 6 inches, 8 inches, and 10 inches in diameter.

Materials: Arden's Lustrous Crochet No. 20 (or similar cotton); a steel hook, size 4; some washing net for the centre; and eighty-four flat white beads, not quite a $\frac{1}{2}$ inch in diameter, and eighty-four coloured beads. All white beads or all coloured beads can be used, and any make, of bead that will weight the crochet, such as the small round beads used in Japanese ornaments, or any bead the size of a taro, or a pea.



Cut two circles of net, $6\frac{1}{2}$ inches, $8\frac{1}{2}$ inches, or $10\frac{1}{2}$ inches in diameter, turn in edges; place circles together, the turned-in edges facing, and run or machine-stitch edge. Thread forty-two coloured beads on the ball of cotton, when they can be passed along as they are required.

1st row—Loop cotton on hook, then pierce hook through edges of net, and work 1 d.c., * 6 ch., pass a bead along thread until it is close against the hook, work 6 ch. again; pierce hook through edge of net $\frac{1}{2}$ inch away from previous stitch, work 1 d.c.; repeat from * all round, and fasten off; forty-two loops altogether.

2nd row—Thread forty-two white beads on the ball of cotton, loop cotton on hook, and work 1 d.c. into thread, which passes through the bead of previous row, * 6 ch., pass a bead along thread until it is close against the hook, as in first row; 6 ch., 1 d.c. into thread, which passes through next bead; and repeat from * all round; fasten off.

3rd row—Using the coloured beads, work another row like second row, putting 7 ch. instead of six always; fasten off.

4th row—Thread on to the ball of cotton one coloured bead and one white bead alternately,

until remaining eighty-four beads are strung. Loop cotton on the hook, work 1 d.c. into the bead thread as usual, 7 ch., pass two beads along cotton (a white and a coloured one), 7 ch., 1 d.c. into next bead thread; continue thus all round and fasten off.



SOLDIER'S RIBBED CROCHET SLEEPING CAP.

Abbreviations: d.c., double crochet; ch., chain.

MATERIALS: 3 ounces of Baldwin & Walker's Primrose Petticoat Wool, and a bone crochet hook No. 10.

A most useful cap for general use, as it has a loose folded edge which can be pulled down, and is easily and quickly made.

Begin with forty-five chain for man's size, or forty for boy's size.

1st row—Miss first chain, 1 d.c. in each stitch to end, 2 ch., turn.

2nd row—Plain, taking up the back loop of each stitch to form ribbed crochet, but leave the last two stitches unworked, 2 ch., turn.

3rd row—Miss the first double crochet over which the two chain stands, 1 d.c. into each stitch to end, working into the two chain at end as a double crochet.

Repeat these two rows until you have five whole ribs, then leave two stitches at the decreased or crown end and work back to the straight end.

Next row—On coming to the decreased end work on all the stitches previously left undone, two at each row, and when you get to the point of the crown, you will have the same number of stitches with which you began, 2 ch. to turn, and begin again as at first row.

When you have six complete divisions join the two sides together with single crochet, or sew them; also sew up the crown and end tightly together, and roll up the brim.



BALACLAVA HELMET.

(Knitted.)

THIS is one of the greatest comforts a Soldier, Sailor, or Territorial can have on service or in camp. The particular advantage is that it makes a warm protection for the neck and shoulders.

Materials required: 5 ounces of Baldwin & Walker's Primrose Petticoat Wool and four steel needles No. 10.

Cast on 100 stitches.

Do twenty-four rounds of knit 2, purl 2 (3 inches).

25th round—Plain knitting.

26th round—Slip 1, knit 1, pass the slip-stitch over the knit one to decrease one stitch, knit 45, knit 2 together. Finish the round with plain knitting.

27th round—Plain knitting; no decrease.

28th round—Decrease like 26th round; one stitch less between decreases.

29th round—Plain knitting.

Continue these last two rounds until there are only thirty-eight stitches between decreases. Do two plain rounds without decreasing or increasing.

Now commence the rounds for increasing.

1st round—Knit 1, make one by picking up loop under next stitch and knitting it, knit 38, make 1; finish the round plain knitting.

2nd round—Plain Knitting.

Continue these two rounds until you have 100 stitches in the round.

21st round—Increase as usual, knit 13, decrease, knit 4, decrease as in twenty-sixth round above, knit 4, decrease, knit 4, decrease, knit 13, increase, finish the round; this is to make the helmet a little smaller under the chin.

22nd round—Plain round.

23rd round—Increase as usual at beginning and end of round.

24th round—Plain round.

25th round—* Knit 8, wool over needle twice, knit 2 together; repeat from * all round. This makes little holes for ventilation round helmet.

Divide as for heel of stocking; take the centre twenty-six stitches between the last increases and put on one needle for front. The other seventy-four stitches are for the back of the helmet. Rib backwards and forwards for fifty rows on the seventy-four stitches (6 inches); now take the centre twenty-six stitches of these seventy-four stitches for the gusset. Rib backwards and forwards on these twenty-six stitches, knitting the last stitch of each row with one of the remaining stitches on needle, till all the extra stitches are used up. Pick up side stitches as you do in the heel of a stocking, then rib round and round, including the front stitches, decreasing at the beginning of one and the end of the other back needle until there are twenty-four stitches on each back needle. Cast off.

MAN'S SWEATER.

(V-shaped or High Neck)

THIS sweater has a V-shaped front as seen in illustration; should, however, a close front be preferred, it can be arranged, and a neckband be added, as see end of instructions. Materials: 1½ pounds of Isaac Briggs & Sons' Ex-Super Khaki Fingering Wool, 6-ply, and four bone or wood knitting needles, No. 5, with points at both ends. Cast sixty stitches on the first needle, and fifty stitches on each of two other needles, 160 stitches in all, for the width round the bottom of the sweater.



Sweater with V shape neck—also directions for a closed neck—with or without a neck-band.

1st round—Knit plain.

2nd round—Knit 1, purl 1, and repeat the same to the end of the round. Do five more rounds of ribbing like the second round. This ribbing can also be continued instead of the following diagonal stripe.

8th round—Beginning on the first needle to knit the diagonal stripe—Purl 1, knit 3, and repeat the same to the end of the round.

9th round—Knit 1, * purl 1, knit 3; repeat

from *; and at the end of the third needle there will be only two stitches to knit.

10th round—Knit 2, * purl 1, knit 3; repeat from *; and at the end of the third needle there will be only one stitch to knit.

11th round—Knit 3, purl 1; and repeat the same to the end of the round. Repeat from the eighth round four times.

28th round—Purl; this finishes the diagonal stripe. Now work in all plain knitting, round and round, for seventy rounds, or till the skirt of the sweater is long enough to reach to the armpits.

Here divide for the **Arm-holes**, and knit the **Back**.—**1st row**—Beginning on the first needle—Knit 2 stitches, draw the first of these, over the second, knit 1, draw the other stitch over, knit 1 again, and again draw a stitch over; these three cast-off stitches are for under the arm; work on in all plain knitting till you get seventy-seven stitches on the right-hand needle; leave the other eighty stitches divided upon two needles for the present, and turn the work and do a second row upon the seventy-seven stitches. Slip the first stitch, purl the next, knit 3, purl along till within five stitches of the end of the needle, knit 3, purl 2.

3rd row—Plain.

4th row—Slip 1, purl 1, knit 3, purl along till within five stitches of the end, knit 3, purl 2. Repeat the last two rows till you have knitted in all fifty-six rows, when there will be twenty-eight little ridges up each side of the work. Let these seventy-seven stitches remain as they are upon the needle.

For the Front.—**1st row**—Resume upon the second needle where you divided for the back of the sweater. Cast off three stitches to go under the arm, knit plain till you get thirty-seven stitches upon the needle; then turn, and for the

2nd row—Slip 1, purl 1, knit 3, purl along to within five stitches of the end, knit 3, purl 2.

3rd row—Plain.

4th row—As second.

5th row—Knit plain to within seven stitches of the front opening, knit 2 together, knit 5.

6th row—As second.

7th row—Plain.

8th row—As second. Repeat from the fifth row till fifty-six rows are knitted from the beginning of opening, when there will be twenty-

eight little ridges up the sides of the work, and the stitches are reduced to twenty-four upon the needle. Place this needle level with the back needle, and cast off twenty-four stitches together to join up the shoulder seam; cast off also twenty-nine stitches to form the back of the neck. Proceed for the other half of the

Front.—1st row—Cast off two stitches at the mouth of the front opening, knit 37 stitches upon the needle.

2nd row—Slip 1, purl 1, knit 3, purl along till within five stitches of the end, knit 3, purl 2.

3rd row—Plain.

4th row—As second.

5th row—Slip 1, knit 4, slip 1, knit 1, pass the slipped stitch over, knit plain to the end.

6th row—As second.

7th row—Plain.

8th row—As second. Repeat from the fifth row till fifty-six rows are knitted. Place this needle level with the back needle, there being twenty-four stitches on each, and cast off from both needles together to join up the shoulder seam.

For the Sleeves.—Hold the work the right side towards you, and on three needles pick up sixty-five stitches round the arm-hole, knitting each stitch as you pick it up; the one central stitch under the arm is to be considered as a seam stitch, and from this stitch to the shoulder seam there should be thirty-two stitches on each side. Work round and round in all plain knitting (with the exception of the seam stitch, which must be knit in one round and purled in the next) till a length of 9 inches is accomplished. Then decrease in every fourth round on each side of the seam stitch until reduced to forty-three stitches in the round.

Next round—For the Wrist.—Work in ribbing, one stitch plain and one stitch purl alternately, and once in this round knit 2 stitches together, and so get forty-two stitches in the round, that the ribbing may come in evenly. Do in all twenty rounds of ribbing, and cast off loosely. Work the other sleeve in the same way.

If a Close Front with Neckband is desired, proceed in this manner.—Work by the above instructions till you get almost to the top of the back of the sweater, *i.e.*, till fifty rows are knitted upon seventy-seven stitches.

51st row—Knit 29, draw the last stitch but one over the last stitch, knit 1, draw another stitch over, and so cast off twenty-three stitches for the neck; knit plain to the end.

52nd row—Slip 1, purl 1, knit 3, purl along, and purl the two end stitches together to shape the neck.

53rd row—Plain. Repeat the last two rows twice. Purl a row with twenty-four stitches on the needle; break off the wool, and slip these shoulder stitches upon a spare needle that the other needle may be at liberty. Go upon the other shoulder, where for the

52nd row—Purl to within five stitches of the end, knit 3, purl 2.

53rd row—Plain, and knit the two end stitches together. Repeat these two rows twice. Purl a row with twenty-four stitches on the needle, and break off the wool. This finishes the back. The front is to be knitted in precisely the same way; and the shoulders are to be joined by casting off twenty-four stitches together on each shoulder.

For the Neckband.—Hold the work the right side towards you, and pick up on three needles seventy stitches, or seventy-four stitches, round the neck, knitting each stitch as you pick it up.

Then work in ribbing, one stitch plain and one stitch purl, for sixteen rounds, and cast off loosely. The last ten rounds may be knitted on pins one or two sizes finer to induce the neckband to fit more closely.



MAN'S WARM UNDERVEST.

(With or without neckband; long or short sleeves.)

THIS is a good-sized, comfortably fitting undervest, worked in ribbing. The stitches for the neckband are picked up after the body of vest is completed, so this can be left off if desired. Required, 14 ounces of the best unshrinkable vest wool in natural colour, a pair of No. 9 long bone knitting needles, a pair of No. 12 steel needles, and four buttons. The steel needles are only employed for the neck and wrists. Use No. 9 needles, and cast on 163 stitches for the bottom of the—



Man's Warm Undervest—Directions explain clearly how to dispense with neck-band, if desired to do so—and how to make short sleeves in case needed.

Front of the Vest.—1st row—Knit 1, purl 1, and repeat the same, ending with a knit stitch.

2nd row—Purl 1, knit 1, and repeat, and end with a purl stitch. Repeat these two rows alternately till forty rows are done, of course slipping the first stitch of every row.

41st row—A wider rib—Slip 1, knit 2, * purl 1, knit 3; and repeat from * to the end of the row.

42nd row—Slip 1, purl 2, * knit 1, purl 3; and repeat from * to the end. Repeat the last two rows till a length of from 17 inches to 18 inches is knitted, say ninety rows, when it is time to begin the opening on the chest.

91st row—Slip 1, knit 2, * purl 1, knit 3; and repeat from * till you have ninety-nine stitches on the right-hand needle; turn the work.

92nd row—Slip 1, knit 15, purl 3, and knit 1 and purl 3 alternately to the end.

93rd row—Slip 1, knit 2, * purl 1, knit 3; and repeat from * till eighty-three stitches are on the right-hand needle, then purl 1, knit 15.

94th row—Slip 1, knit 15, purl 3, then knit 1 and purl 3 alternately to the end.

When you have repeated the last two rows

eight times there will be twenty rows of the opening done. In the next row, the twenty-first row of the opening, work as usual till you come to the edge, when after knitting nine edge stitches, and having six stitches remaining on the left-hand needle, draw the last stitch but one on the right-hand needle over the last stitch, knit 1, draw another stitch over, knit 1 again, and draw another stitch over (three stitches will thus be cast off), knit the four last stitches.

Next row—Work as usual, but cast on three stitches where three were cast off, which will make a button-hole. Proceed in the same manner till you have made three button-holes with twenty-six rows between each. After the third button-hole work thirteen rows.

1st Neck row—Beginning on the button-hole side—Cast off forty stitches for the neck; rib fifty-nine stitches to the end.

2nd row—Rib along as before, but take the last two stitches together; rib back to the arm end. Continue thus, reducing at the neck end, till there remains fifty-one stitches on the needle for the shoulder. Then cast off the fifty-one stitches. Resume where you divided for the half-front—Pick up and knit 15 stitches behind the plain knitted front edge, then purl the first stitch off the left-hand needle, knit 3, and proceed in the rib of purl 1, knit 3, to the end. Continue in ribbing, with always fifteen plain edge stitches (no button-holes), till this half front is the same length as the first half. Cast off twenty stitches by the front edge; rib to the end, fifty-nine stitches. Then shape the shoulder to correspond with the shoulder that is already finished, and when it is reduced to fifty-one stitches, cast it off.

For the Back of the Vest.—Cast on 163 stitches as for the front. Knit forty rows of the narrow ribbing; and then proceed with the broad rib till the back piece attains the same length as to measure from the bottom to the cast-off stitches of the neck—186 rows.

Next row—Slip 1, knit 2, * purl 1, knit 3; and repeat from * till fifty-nine stitches are on the right-hand needle, knit 2 more stitches plain, cast the last stitch but one over the last stitch, knit 1, cast another stitch over, and so cast off in all forty-five stitches for the neck, and then rib as usual the stitches (fifty-nine) to the end of the work.

Shape the shoulders to correspond with the front shoulders, and cast off. Sew the shoulder seams together, and also sew the sides of the vest, leaving space sufficient to set in the sleeves.

For the Neckband.—Hold the right side of the knitting towards you, and with No. 12 pins pick up 134 stitches round the neck, knitting each stitch as you pick it up. Work one plain row. Then another plain row in which take two stitches together sixteen times at regular intervals, and so reduce to 118 stitches. Work eleven rows of ribbing, one stitch plain and one stitch purl alternately.

Next row—Rib the same, but make a button-hole as before on the button-hole side. Rib eleven more rows, and cast off.

For the Sleeves.—Begin at the wrist. Use No. 12 steel needles and cast on sixty stitches. Work in ribbing of one stitch plain and one stitch purl for forty rows.

41st row—Slip 1, knit 2, * purl 1, knit 3; repeat from *; in this row increase seven stitches in the course of the row, *i.e.*, every eighth stitch, and you will get sixty-seven stitches on the needle.

Take No. 9 needles for the remainder of the sleeve, which is knitted in the broad rib like the body of the vest.

In the **47th row**, and in every sixth row afterwards, increase one stitch at the beginning and one stitch at the end of the row; and always keeping the ribs perfectly straight as the stitches are increased, work on till you find ninety-nine stitches; when do not increase any more, but rib till the sleeve measures about 23 inches from the beginning; and cast off loosely. Knit the other sleeve in the same manner. Sew up the sleeves, and put them in the arm-holes. Sew four buttons on the front of the vest.

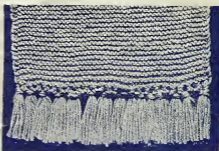
If short sleeves be desired, cast on ninety stitches, knit 1, purl 1, for forty rows. Work forty-first row as directed, when there will be ninety-seven stitches, continue to end of forty-seventh row making ninety-nine stitches. Rib for another inch, cast off and sew in arm-holes.



PLAIN-KNITTED SCARF.

MATERIALS: Four ounces of Faton's 4-ply Super Petticoat Wool and a pair of No. 5 bone knitting needles, which will make a scarf measuring one yard long and ten inches wide. Six stitches go to the inch in width, so the width of the scarf can be varied by altering the number of stitches cast on, and, of course, any length can be worked. The fringe gives a pretty finish; but for urgent need can be omitted.

Cast on 50 stitches for the width illustrated. **1st row**—Knit plain all along, slipping the first stitch purlways on each row.



2nd row—Knit 1, * make 1 by passing the wool over the needle, knit 2 together; repeat from * all along.

3rd row—Knit plain right across, knitting the "made" stitches in the ordinary way.

Repeat the third row until there are 289 rows altogether, which will give a length of about one yard.

Next row—Slip 1, * make 1, knit 2 together; and repeat from * across the row.

Next row—Knit plain and cast off.

The fringe is made in the row of open holes at each end caused by the "made" stitches.

Wind some wool round a piece of wood, so that when the strands are cut at one end they will measure about seven inches long. Take five strands and double them, pass this double end downwards through one of the holes, open the loop out and pass the two cut ends through this loop and draw up tightly.

WELDON'S PRACTICAL NEEDLEWORK, No. 7, gives illustrations and full directions for this and various other fringes.

SLEEPING CAP IN CROCHET.

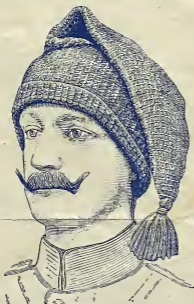
(Pirate Shape.)

MATERIALS required: 4 ounces of A A Peacock Fleecy Wool, fawn colour, a bone crochet hook No. 8. This design is most useful for sailors and soldiers.

Work 75 chain and join round.

1st round—1 double crochet on each chain, inserting the needle under the upper thread only.

2nd round—1 double crochet on each stitch, taking up both threads to make the head-band firm.



Sleeping Cap.

Next 8 rounds—Same as second round.

11th round—1 double crochet in each stitch, taking up back thread only.

Next 42 rounds—Same as the eleventh round.

54th round—* 1 double crochet on the first ten stitches, miss one stitch; repeat from * all round.

Next 2 rounds—Same as fifty-fourth round.

Next 5 rounds—1 double crochet in each stitch. Now repeat the fifty-fourth round till only ten stitches remain. Make a short tassel, and sew neatly in the small circle at the top. Work one round of double crochet on the lower edge of the cap and it is finished.



USEFUL BELT IN PLAIN KNITTING FOR MEN.

MATERIALS: 3 ounces of Isaac Briggs & Sons' Ex-Super Khaki Fingering Wool, 6-ply, two bone needles, size 8.

Size: 24 inches long, 11 inches wide at widest part, 7 inches wide at narrowest part.

Cast on forty stitches, and knit forty plain rows, which will give twenty ribs.

Next row—Knit 6 stitches, increase 1 by picking up the loop under the next stitch and knitting it, knit 34 stitches to the end of the row. Knit a plain row back. Continue to

increase in every alternate row after the sixth stitch from the beginning until sixty stitches on the needle. Knit a plain row back. There should now be forty ribs.

Knit fifteen ribs of plain knitting, which brings the work to the centre of the belt, and there should be about 12 inches knitted for average size, giving a total of 24 inches when the belt is completed. (If more rows are knitted here to bring the work to the centre of a larger size, as many more extra rows must be knitted for the other half.) Knit fifteen more ribs before beginning to decrease.

Next row—Knit 6 stitches, knit 2 together, knit 52 stitches to end of row. Knit a plain row back. Continue to decrease, at the same end as the increasings, until you have forty stitches left. Knit forty plain rows (twenty ribs), cast off, and sew ends together.



CROCHET SCARF IN PLAIN TREBLE STITCH.

Abbreviations: d.c., double crochet; tr., treble; ch., chain.

MATERIALS: 7 ounces of Paton's 4-ply Super Petticoat Wool, and a No. 8 bone crochet hook, will make a scarf one yard long and twelve inches wide. 5 stitches go to the inch in width, so a narrower or wider scarf can be made by altering the number of stitches in the first row, and, of course, any length can be worked. This length is sufficient to cross well over on the chest and hang nearly to the waist; but if a tight worker we recommend a No. 7 hook instead of a No. 8, although the latter size will suit a moderate worker.

For the width illustrated, begin with 58 chain.



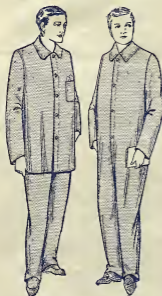
Crochet Scarf.

1st row—1 tr. into the fourth chain from the hook, 1 tr. in each chain to the end, 3 ch., turn.

2nd row—Miss the first treble over which the three chain stands, 1 tr. into each stitch of previous row, taking up the back loop of the stitch only to make rib treble, and when you reach the end work 1 tr. into the top of the three chain that turned; this must always be done to keep the ends straight.

Repeat the second row for the length desired; seventy-six rows make about a yard in length.

The fringe gives a pretty finish; but, of course, for urgent need it may be left off. To make: put 1 d.c. into the first stitch, * 30 ch., 1 d.c. in each of the next two stitches along the row, and repeat from * right across.

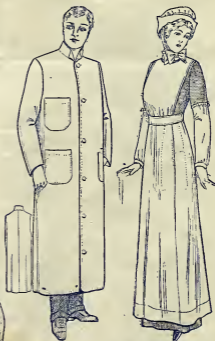


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No. 50363 requires 6½ yds. of 32in. flannel, and No. 50365 6½ yds. of 30in. flannel.

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47884. Man's Nightgale or Bed Jacket.

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Requires 2½ yds. of 32in. flannel.
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SLEEPING HELMET

These
Directions give
the
Ear Openings.

THIS sleeping cap or helmet is a most comfortable shape, is easily slipped over the head, and is quickly made, being most simple directions. Although our illustration shows a border to face part and neck edge, the directions are given for all one make of wool to save the worker's time.

Required: 2 ounces of Isaac Briggs & Sons Ex-Super Khaki Fingering 4-ply, also two bone knitting needles, No. 9. It should be somewhat loosely knitted to ensure it being pliable.

Cast on 90 stitches, and knit in ribbed knitting, three stitches plain, and three stitches purl, for fifty rows.

Next row—Knit 72 stitches, still in ribs of three, then turn and knit 54 stitches.

You now have eighteen stitches left unknitted at each end of the pin, and can either slip them on to two spare pins as they will not be wanted again at present, or leave them where they are while you go on knitting the

headpiece, which continue straight on in ribs of three upon the fifty-four stitches for thirty-six rows. When the thirty-six rows are done, proceed to shape the **Head**—still working in ribs—turn and knit 51 stitches, turn and knit 48, turn and knit 45, turn and knit 42, turn and knit 39, turn and knit 36, turn and knit 33, turn and knit 30, turn and knit 27, turn and knit 24, turn and knit 21, turn and knit 18. Turn and knit to the end of the pin and pick up eighteen stitches down the side of the head-piece, knitting each stitch as you pick it up, turn and again knit to the end of the pin and pick up eighteen stitches down the opposite side of the head-pieces; you should now have ninety stitches on the needle. Turn and knit 87 stitches, turn and knit 84, turn and knit 81, turn and knit 78, turn and knit 75, turn and knit 72, turn and knit 69, turn and knit 66, turn and knit 63, turn and knit 60, turn and knit 57, turn and knit 54. Turn and knit all along and knit the 18 stitches off the spare pin, turn and again knit all along and knit the 18 stitches off the other spare pin. You now have 126 stitches on the needle. As all helmets are required with ear openings, work as follows:—

Knit two rows in rib; in the next row knit 18 stitches in rib, cast off 15 stitches, knit 60 stitches in rib, cast off 15 stitches, knit 18 stitches in rib to the end of the needle.

Next row—Rib 18 stitches, then turn the work and cast on 15 stitches over the fifteen cast off on previous row, turn the work, and continue to work across the row to the next opening, then cast on 15 stitches as before, turn and continue to end of row in rib.

Now knit twenty-six rows in rib as usual, and cast off loosely. Sew the sides of the knitting together, and the join comes under the chin.

If stripes in cap are preferred, get No. 2 of WELDON'S PRACTICAL NEEDLEWORK, 2d.; post free, 2½d.



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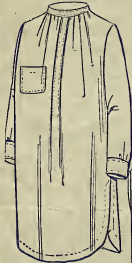
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Sizes: 16in., 17in., and 18in. necks. Requires 3 1/2 yds. of 3/6in. flannel, or with collar 3 1/2 yds.



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